

The Sunway Campus Magazine



Celebration





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Branding & Corporate Communications

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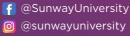
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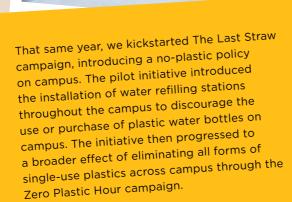
Campus With A Conscience

Flashback

Have you ever wondered how we became a #CampuswithaConscience?

Over the years, Sunway Education has launched a series of impactful initiatives in support of the United Nations' 17 Sustainable Development Goals (UN SDGs).

Back in 2018, we organised the Join Hands and Make A Pledge event that saw 8,165 Malaysians gather to pledge their support for the UN SDGs. The crowd size symbolised the 8,165 nautical miles from Sunway University to the UN Headquarters in New York, marking our global commitment to sustainability.

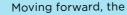


CAMPUS WITH A
CONSCIENCE

In addition to all these efforts, our flagship sustainability event – Local Action for Global Goals – was launched in 2022 as a week-long festival dedicated to driving awareness and action for the UN SDGs. Bringing together international ambassadors, corporate leaders, non-governmental organisations, school children, and local communities, the event is the first of its kind in Asia and has since become an annual highlight. It made a comeback for its second and third instalments in 2023 and 2024 respectively, culminating on 25 September each year in conjunction with the anniversary of the UN SDGs.

From talks, performances, and interactive workshops to sustainability showcases, the event served as an showcases, the event served as an served as an avenue for various corporate brands, organisations, charities and small businesses to spread awareness businesses to spread awareness and raise funds. Attendees have also enjoyed daily flag parades, sustainable marketplace, and exciting performances.





#CampuswithaConscience initiative continues to highlight the role we all play in creating awareness on critical issues affecting planetary health, while nurturing our Sunway community to embrace sustainable living and solutions for global challenges.

Together, we can turn awareness into action, and action into impact.







Q ©

ROCK THE GOALS 2025 ROCK THE GOALS 2025



ARE YOU READY TO ROCK THE GOALS?

Where are we going to Rock the Goals?

The Sunway Lagoon Amphitheatre, a landmark within the Sunway Lagoon theme park, has long been a stage for unforgettable experiences. From vibrant cultural showcases during festive seasons to captivating live animal shows and entertainment acts such as musicals, magic shows and more, it has welcomed audiences with something for everyone. This includes large-scale events such as the Earth Symphony – Green Cirque Fest 2024, a visually stunning and eco-conscious circus performance featuring acrobats, aerialists, and acts from international talents, all aimed at raising sustainability awareness. Having set the scene for countless spectacular performances, the Amphitheatre stands as the perfect venue for an energetic night of music and celebration.

What is Rock the Goals?

This year, we are proud to present Rock the Goals 2025 celebration, taking place on **25 September 2025, from 6:00 - 9:30pm. at the Sunway Lagoon Amphitheatre.**This event, officially partnered with the United Nations (UN), recognises youth action and marks the 10th anniversary of the launch of the Sustainable Development Goals (SDGs) in 2015.

The audience will include over 2,000 students, influencers, leading organisations, international ambassadors, representatives from the UN, UNICEF, and many other global changemaking communities and brands. Members of the media from various nations and other distinguished guests will also contribute to an influential audience demographic. The celebration will also feature popular local artists on stage to bring the night alive with unforgettable performances (flip to the next page to find out who will be performing 33).

We warmly invite all Sunwayians to join us for a fun and meaningful evening as we celebrate this milestone together.



THE LINE-UP REVERLED

The stage is set, the excitement is in the air, and Rock the Goals night is just around the corner. Let's take a look at the amazing performers who will be lighting up the stage &

Kede/SLAKe

Johor-born Uriah See is a singer-songwriter, actor, and musician who rose to fame in 2014 as the champion of the Astro Star Quest Chinese Singing Competition, later clinching the TVB International Chinese New Talent Singing Championship in Hong Kong. Since then, he has released a debut mini-album, had his own concert in Malaysia, and produced award-winning hits such as *The Unrequited*, which won Best Mandarin Song of the Year at the AIM (Malaysia Music Industry Awards). In 2022, he composed and performed *We Are One* for the Malaysia International Film Festival, and his 2024 single *Beyond the Stars* was named among MY FM's Top 10 Songs, followed by its inclusion in the 2025 8TV Starfluencer Award Top 10 Songs. Beyond music, Uriah has acted in various television dramas and variety shows.

Thrilled to be part of Sunway University's Rock the Goals celebration, Uriah shared, "Music has the power to unite people across cultures and inspire change. I'm excited to be part of a celebration that uses music to spread hope and purpose."

DJ Blink (Lau Hoe Yin) is a Malaysian DJ and producer celebrated for his everevolving sound. Starting out as part of LAPSAP and later Goldfish + Blink, he has performed on main stages at global festivals and released music under top labels including Revealed Recordings and Armada. His career also spans high-profile brand events for Gucci, Prada, and Louis Vuitton, along with a dynamic solo catalogue blending EDM, pop, and R&B influences.

Pumped for the night ahead, DJ Blink expressed, "I'm really honoured to be part of Rock the Goals celebration and promote sustainability. I've always wanted to come back to Sunway to perform, and I can't wait to see you all on the 25th of September. Let's Rock the Goals together!"









Formed in 2018 by guitarist Joshua Danial Johnson, Zimi'J features a talented line-up of Wan Zareef, Ilyas Wong, Salvador Augustine, and Maxx Lim. Joshua has penned original tracks such as *Short and Sweet* and *Hello Malaysia*.

Their breakthrough came when they clinched first prize at the Regional Music Competition in Hong Kong. Guided by mentors Edwin Nathaniel and Cindy Vyner, Zimi'J works under the Rockschool exam board and actively contributes to the RISE (Rhythm Interactive Special Enables) programme, using music to inspire and empower special needs communities.

Zimi'J is all set to bring their signature sound to the Rock the Goals stage, "We're super excited to be part of Rock the Goals! It's amazing to play at an event that brings people together for music and a good cause. We can't wait to be part of the positive energy that day."





THE GARLES

Wolfs for the Bonks

ROBERT GASS

UN Resident Coordinator a.i. & UNICEF Representative to Malaysia

The 17 Sustainable Development Goals play a huge role in our lives, and the volunteer work that you all do to help local and international communities in need is truly amazing. You really are a Campus With A Conscience. So Rock the Goals and change the world.

REDBOX

As the proud sponsor of Sunway
University's Rock the Goals celebration, we
are delighted to reaffirm our commitment
to sustainability. This partnership
reflects our belief in creating meaningful
experiences that not only bring people
together through music and joy, but also
support initiatives that contribute to a
better, greener future for all.

GREENPEACE

Greenpeace's mission is to protect the environment and champion sustainability for a better future. Sunway University's Rock the Goals celebration is a powerful reminder of what we can achieve when communities, organisations, and institutions come together.

voices for the Goals

Voices for the Goals

Voices for the Goals

features messages from inspiring

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Hi everyone, I am Ms. Qiwiie, and I am so honoured to be part of Rock the Goals, celebrating a decade of the United Nations SGDs. I believe education is one of the most powerful tools to break the cycle of poverty, and to unlock the potential in every child. I am grateful to witness and be part of a global movement that believes in a more just, inclusive, and educated world. Sunway, you really are a Campus With A Conscience!



At GOLD, we believe in empowering individuals to shine bright and make a positive impact. We are proud to support Rock the Goals celebration which inspires all communities to work towards a more sustainable future together.



WORK WOURSESSION SHOW

A Brave Step Towards Sustainable and Inclusive Fashion

The Rock the Goal Fashion Show marks the peak of achievement for Sunway Fashion Design and Technology students. Inspired by the punk rock spirit, the showcase highlights fashion not only as a creative expression but also as a powerful movement for sustainability and inclusivity.

Be prepared to be amazed as the show captures the moment students reach the pinnacle of their studies, ready to push boundaries in both design and purpose. Like punk rock, it is bold, unapologetic, and driven by the belief that fashion should inspire change. Success in fashion is not only about style, but also about making an impact.

Sustainability lies at the heart of the showcase. With Browzwear 3D design software, students cut down on waste by replacing traditional pattern-making with digital prototyping. Materials like Modal-rayon blends and deadstock fabrics breathe new life into discarded textiles. These choices reflect the punk attitude of rejecting harmful systems and creating alternatives that are daring, resourceful, and eco-conscious.





Combining traditional craft with modern technology



Adopting digital tools for sustainable design





Promoting inclusivity in fashion



Embracing circular and low-waste practices







A major highlight is the commitment to inclusive representation. Models on the runway reflect real diversity such as hijabi models, plus-size individuals, people of different races, and members of the differently abled community. This bold step emphasises that fashion belongs to everyone. Behind the runway, students also integrated inclusivity into their design concepts, blending cultural stories with sustainable practices.

By merging punk rock energy with sustainability and inclusivity, Sunway Fashion Design and Technology students are proving that the future of fashion lies in courage, responsibility, and diversity.

Just like punk, it is not about fitting in; it is about standing out with purpose.







This spooky season, Sunway Lagoon invites thrill-seekers to enter the Puppeteer's lair at Nights Of Fright 11, the nation's most anticipated Halloween festival. Back with more fear, frights and theatrical horror than ever before, Night of Fright 11 promises an experience that is bigger, darker and more immersive.

Running every Friday to Sunday from 26 September to 2 November 2025, 7:30 PM to 11:30 PM, the park transforms into a shadowy realm where fear reigns supreme. Guests will face 8 haunted houses, 1 haunted theatre, 3 scare zones, 11 thrill rides and 2 stage performances, and more activations to come, all under the sinister control of the Puppeteer, the new face of fear this year.

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T&C Apply.

Guarding the Little Ones

In 2019, I delivered my first beautiful baby girl. Before becoming a mother, I had spent a lot of time caring for babies and children. I always enjoyed being around them and only knew the fun part - playing, laughing and bonding. But during my confinement period, a relative came to visit. He had just smoked a cigarette and wanted to hold my newborn. In that moment, I felt something that I have never experienced before: a deep instinctive need to protect.

FEATURES

I questioned, "Is it safe for him to hold my baby? What if something happens?"

And I realised if anything happened, I would be the one most affected. This is my child. I have to protect her.

Children are so pure and innocent. Some are blessed with parents who love, care and protect them. But others are not as lucky. Some are left in charity homes or orphanages.

In all my years of doing charity work, my heart has been closest to volunteering with children. They need love. Children just want to have fun, to be seen, to be heard.

Volunteering nurtures gratitude. It reminds us of the blessings we often overlook. At times, I catch myself wishing my mother would stop nagging me, yet I think of the children who would give anything just to have a mother. Moments like these put life into perspective.

There are many organisations, schools and orphanages caring for these children. There are many ways to help. If you have the means, donate money. If you have the time, spend it with them. Listen to them, teach them, and have fun with them. If you have the resources, organise a trip or an experience that allows them to explore the world beyond their daily surroundings.

Remember that children have the right to life, survival and development. They have the right to be protected from abuse, neglect and exploitation. They have the right to be heard and to express themselves.

A small gesture can make a big difference. A helping hand, a kind word, a few hours of your time, or a thoughtful gift can leave a lasting impact on these little future leaders.

Let us give what we can, time, money, care, and love, and share it with children who need the most.



For A Greener Tomorrow

Greenpeace is an independent global campaigning network, founded in Canada in 1971 by a small group of environmental activists who believed in the power of people to drive change. From its humble beginnings, the organisation has grown into one of the world's most recognised environmental movements, with a presence in more than 55 countries. Its mission has always remained clear and unwavering: to protect the planet's ability to sustain life in all its diversity.



Guided by science and driven by research, Greenpeace works tirelessly to shine a light on urgent environmental challenges while presenting practical solutions that can benefit both people and the planet. From advocating for renewable energy to promoting zero-waste systems and protecting forests, the organisation emphasises that real change is possible when communities, businesses, and governments work together. Their campaigns highlight practical, forward-looking alternatives that can replace harmful practices and build a greener, fairer society.

In Malaysia, Greenpeace has quickly become a voice for the environment since the opening of its office in 2017. Though young compared to other regional branches, Greenpeace Malaysia has already made significant contributions to environmental protection. The organisation seeks

to protect the nation's natural heritage, its forests, oceans, air, and climate, while also safeguarding the health and well-being of its people.



This work is carried forward by a passionate group of campaigners, researchers, and community mobilisers who bring expertise and commitment to every initiative. They collaborate with local partners and civil society organisations, recognising that protecting the environment is a collective effort. Together, they push for systemic reforms, inspire communities to take action, and keep environmental sustainability at the centre of public conversation.

The story of Greenpeace in Malaysia is part of a larger global mission: to protect life on Earth in all its richness and diversity. By remaining true to its values of independence, integrity, and responsibility, Greenpeace continues to lead the way towards a healthier planet, one where clean air, thriving forests, and vibrant oceans are not only preserved but restored for the future.

Greenpeace is seeking passionate volunteers to advocate for the planet, protect the environment, and drive positive change for a sustainable future. To volunteer with Greenpeace and be part of this global movement, simply scan the QR code.



The Irwins' Promise to Nature



Known to many as "The Crocodile Hunter," Steve Irwin has captured the hearts of many across the globe. His enthusiasm, bright personality, unwavering dedication to conservation, and deep love for wildlife made him a beloved icon. With every crikey and close encounter, Steve reminded us that nature is something to be respected, protected, and celebrated.

Though Steve has passed on years ago, his legacy lives on through the Irwins; his wife Terri, daughter Bindi and son Robert. Together, they have carried the torch he lit, continuing his life's mission with the same passion and purpose that defined him.



Written by: **Ashley Anne Danker**

> Edited by: Tisyha

Steve Irwin was an Australian zookeeper, wildlife expert, and larger-than-life television personality who brought the natural world into millions of homes. With his contagious energy, khaki outfits, and signature exclamation ("Crikey!"), Steve showed us that animals, even the scariest-looking ones, deserve our love, understanding, and protection.

Born on 22 February 1962, in Essendon, Victoria, Steve grew up in a family passionate about wildlife and conservation. His parents founded the now Australia Zoo, and Steve spent his childhood helping to care for animals.

Steve had an unmatched ability to connect with animals and people, using television and media to educate viewers all over the world. Through his hit TV series The Crocodile Hunter, he taught viewers to see the beauty of every creature. He fought to change how people saw stereotypically dangerous animals like snakes, sharks, and crocodiles not as 'bad' or 'villainous' animals, but as important parts of our ecosystem.



He founded Wildlife Warriors, a conservation organisation that focuses on protecting injured, threatened, or endangered wildlife. Under Steve's guidance, Australia Zoo became a primary location for rescue, rehabilitation, and education.





On 4 September 2006, tragedy struck. While filming a documentary entitled Ocean's Deadliest at Batt Reef, Queensland, Steve Irwin was fatally injured by a stingray. The stingray's barb pierced his chest, causing immediate cardiac arrest. He was just 44.

The world was stunned. A man who had survived countless close encounters with some of the deadliest creatures on Earth had died doing what he loved most. His death was a global loss, but it marked the beginning of a legacy that would only grow stronger.



Honouring **Steve's Legacy**

Wildlife Warriors Conservation Projects

Wildlife Warriors was established by Steve and Terri Irwin back in 2002, and since then, has expanded massively. The organisation focuses on habitat, antipoaching efforts in Asia and Africa, and the Crocodile Research and Tagging programme, a worldrenowned month-long research trip to tag and track crocodiles with the purpose of better understanding their behaviour, movements, and physiology.



Breeding Programmes

Australia Zoo runs an endangered

species breeding programme, focusing

on animals like Southern Cassowaries,

Sumatran Tigers, Koalas, White Rhinos,

and Echidnas. Their dedication is not

support the fragile ecosystems, but to

ensure future generations can see these

only vital to prevent extinction and

incredible creatures in real life.

Crikey! It's the Irwins

Premiering back in 2018, Crikey! It's the Irwins is a television series that follows the Irwin family's daily lives and work at Australia Zoo. Each episode highlights their passion for wildlife and aims to educate viewers on environmental and wildlife conservation, while introducing Steve's legacy to a generation that never got to witness him in action.



Following Steve's tragic passing,

the Irwin family made it their mission

to honour his legacy and continue the work he was so passionate about.

Australia Zoo Wildlife Hospital

The Australia Zoo Wildlife Hospital treats over 10,000 sick, injured, and orphaned animals each year, making it one of the busiest animal hospitals in the world. The animal patients receive world-class care here, in hopes of rehabilitation and re-release into the wild.

Aid in the Australian Bushfires

During the 2019-2020 Australian bushfires, the Irwins and Australia Zoo sprang into action, working tirelessly to protect and care for the country's injured wildlife. The Australia Zoo Wildlife Hospital was pushed to its limits, treating over 90,000 animals, including koalas, kangaroos, possums, and flying foxes.



Australia Zoo partnered with wildlife rescue organisations to transport injured animals to safety. Robert Irwin himself assisted and supported onsite veterinary teams. Meanwhile, Wildlife Warriors distributed hydration and feeding stations across burnt habitats to support surviving animals in the wild.

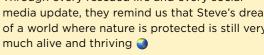
Amid all the chaos, the Irwins used their global platforms to raise awareness and support, ultimately helping to raise over USD 50 million for bushfire relief and wildlife conservation. Their efforts not only saved lives but also inspired hope all over the world.

end with his passing; it lives on through Terri, Bindi, Robert, and Australia Zoo. From rescuing injured animals to educating the next generation, the Irwins continue Steve's mission with courage and unwavering dedication.

Through every rescued life and every social media update, they remind us that Steve's dream of a world where nature is protected is still very









FEATURES SUNWAY ALUMNI

A Journey of Inclusion and Impact

Pursuing a degree in Psychology at Sunway
University was a transformative journey that shaped
both my personal growth and professional path.
The programme deepened my understanding
of human behaviour and opened my eyes to the
complex workings of the brain and the many
factors - biological, environmental, and social that contribute to individual differences. This was
especially meaningful to me, as I now work closely
with individuals with autism and other developmental
disabilities. My studies helped me look beyond the
surface of behaviours and approach every individual
with empathy, patience, and a deeper level of
understanding.

Starting my degree slightly later in my 20s, I often felt a little out of place among my younger peers. I was not particularly active in student activities, preferring to stay on the sidelines. But I was fortunate to have some interaction with Dr. Woo Pei Jun, my thesis supervisor and lecturer, who offered kind words and encouragement when I needed it most. Her reassurance reminded me that everyone's journey moves at its own pace.

My journey at Sunway began with a challenge. As a homeschooled student, I completed my Grade 12 and SATs with the intention of pursuing Psychology. However, upon discovering that my qualifications were not recognised locally, I felt lost. That was when I enrolled in the Canadian International Matriculation Programme (CIMP) at Sunway, which eventually led me to the Bachelor of Science in Psychology. Looking back, Sunway was a defining part of my 20s. It provided the education and foundation I needed, introduced me to meaningful friendships, and gave me the clarity and courage to pursue the path I am on today.



The inspiration to start Aspire Inclusive Community came from a personal place. Over the years, I had the privilege of working with children and young adults with special needs, and through that experience, I began to see just how much untapped potential many of them had. Together with my business partner, we wanted to create a space where individuals with diverse abilities could grow not just academically, but socially, emotionally, and vocationally. A space where they are seen, heard, and truly included while being able to work on developing important skill sets for independence.

My journey toward founding Aspire was not something I had always planned, but rather something that grew over time as I immersed myself in the special education field. From the time I was 12 years old, I volunteered with children on the autism spectrum and was quickly drawn to the unique challenges and joys of working with them. This handson experience gave me insight into how important early intervention and consistent support are for the child and the entire family unit. It also highlighted the lack of inclusive environments that blend both care and opportunity in a meaningful way, especially as these individuals grow older.



In the next five years, I hope to see Aspire Inclusive Community expand beyond its current location and establish campuses in different areas, so that more families can have access to inclusive, high-quality educational and vocational programmes for their children. The dream is for Aspire to become a recognised model for inclusive education, one that prioritises individuality and equal opportunities for all learners.



We are also especially excited about expanding our internship and job training pathways for our older vocational students. We aim to collaborate with businesses such as cafés, offices, retail stores, and other inclusive environments, so our students can gain real-life work experience and develop confidence in a supported setting.

Each of us can play a role, whether it is being more patient, creating opportunities, hiring inclusively, educating ourselves, or simply choosing kindness over judgment. Inclusiveness is not just about changing systems; it is about changing hearts. If everyone does their part, even in small ways, we can build a more compassionate and equitable world for all.

Read more about Aspire Inclusive Community on our Sunway Alumni website: https://alumni.sunway.edu.my/alumni-stories



Written by: Michelle Ooi Jean Ai

BSc (Hons) in Psychology, Founder of Aspire Inclusive Community





Shasenem Mammetyarova - Turkmenistan -Diploma in

What's a common eco-friendly habit that most people in your country

In Turkmenistan, a common eco-friendly habit is air-drying clothes outdoors. Thanks to the warm and sunny climate, people often hang their laundry outside instead of using energy-consuming dryers. Additionally, food waste is often minimised, as people tend to cook fresh meals in small portions and share leftovers

animals.

with neighbours or





Akanksha Bora Bachelor of Culinary Management







Zay Yar Myo Htwe (Zack)

- Myanmar -Monash University Foundation Year

What's a common eco-friendly habit most people in your country practice?

Back in Myanmar, whenever we buy something that comes in a box, container, or jar, many people wash and repurpose it to store a variety of items, such as food or small trinkets. Another thing is that many people don't throw away their books, plastic bottles, or electronics, because there are people who come around from time to time to buy them from us for recycling.



If you could bring one sustainability idea from your home country to Malaysia, what would it be?

I would introduce the idea of El Gouna, a town in Egypt famous for its sustainable tourism. It features eco-friendly buildings, effective waste management, renewable energy sources, and active community participation. If Malaysia adopted a similar approach, it could foster greener communities while attracting sustainable tourism.



Jomana ~ Egypt ~ unway Foundation Programme

Sustainability Around the World



Kelvin Kohlyn - Indonesia -Monash University Foundation Year



such as reducing, reusing, and recycling. I practise simple habits that can make a difference like using digital notes instead of paper, drinking without plastic straws, or finishing the food provided.



Haseena Aarifa Maulaboksh ~ Mauritius ~ Victoria University **Business Course**

country? Electric vehicles continue to gain momentum, while public transport, particularly buses and the expanding metro network, is being promoted as an efficient and eco-friendly way to commute.

transportation options

are popular or widely

used in your home

What kind of sustainable



Yaseen A. M. Aboualyan

~ Palestine ~ Bachelor of Chemical Engineering with Honours

What does "sustainability" mean to you personally, not just as a student, but as a global citizen?

To me, sustainability is all about improving our own quality of life while also setting up our future generations for success.

Sunway is home to students from all over the world, and many are already driving change through the Sustainable Development Goals (SDGs).

Let us take a look at how our international students tackle global challenges in their home countries, proving that every action, no matter how small, counts across the world.



Brett Andre Balangue

Philippines Cambridge GCE A-Level



people manage food waste by repurposing leftovers into new dishes or feeding them to pets, as well as reusing plastic containers and bags instead of discarding them.





International Youth Day 2025 is a reminder that today's young people are living through a time of profound global challenges. Conflicts continue to uproot families, hunger remains widespread, and millions of children face uncertain futures. The theme "Local Youth Actions for the SDGs and Beyond" calls attention to the vital role that young people can play in turning global ambitions into local realities.

The link between war and hunger is undeniable. UNICEF reports that nearly one in six children worldwide lives in conflict zones, with their education, health, and nutrition deeply disrupted. According to the State of Food Security and Nutrition in the World 2025 report, 673 million people were hungry in 2024, a figure that remains alarmingly higher than pre-pandemic levels. These statistics remind us that hunger is not only a distant issue but one that urgently demands awareness and action.

Young people, however, are far from powerless. Around the world, youth-led initiatives are showing

how awareness can be transformed into meaningful action. In some communities, young people are establishing schools and community gardens to improve food security.

Others are using social media to raise awareness and mobilise support for displaced families.





Platforms like

Education is central to enabling such action. Schools and universities can provide platforms for young people to engage with global issues and develop projects that address local needs. Embedding the SDGs into school and university curricula, alongside offering SDG-related training programmes, workshops, and experiential projects, can help young people gain a deeper understanding of sustainability challenges while equipping them with practical tools to design solutions in their own communities.

UNICEF's "Voices of Youth"
demonstrate how empowering
young voices can transform awareness
into advocacy and collective responsibility. The
message of this year's International Youth Day is
clear. Young people must be supported not only to
understand the challenges of war and hunger but
also to take action in their communities.

Sustaining progress on the SDGs depends on empowering youth as both present changemakers and future leaders, ensuring that their actions today carry forward into lasting global impact. If we invest in youth awareness and action today, we are ultimately investing in the future of humanity.



Shaping A Future We Can All Share

YB Michelle Ng Mei Sze ADUN Subang Jaya

As the State Assemblywoman for Subang Jaya, I have the privilege of witnessing how small actions, when multiplied across a community, can lead to transformative change. Every effort, no matter how modest, contributes to the larger picture of building a future where development and environmental stewardship go hand in hand.

modest, contributes
ding a future where
ental stewardship

As Chairlady of the Select Committee on Water, Agriculture, Infrastructure, and Mobility, our top priority has been safeguarding Selangor's water supply through both legislation and infrastructure innovation. Stronger river pollution laws and real-time surveillance by the Selangor Water Management Authority have reduced contamination incidents. Since 2020, contingency protocols like the Raw Water Guarantee Scheme have pumped over 500 million litres per day of alternative raw water during pollution spikes. averting water disruptions.

Sustainable transport is another area where we are making strides. Subang Jaya was the starting point for Malaysia's first Demand Responsive Transit system, a van e-hailing service that had fewer than 10 riders a day, is now rapidly expanding across the country. Paired with our efforts to design safer and more accessible bicycle lanes, we are reducing reliance on private cars and promoting greener mobility options.

W.

In 2024, our office planted 871 trees, showing our commitment to restoring green spaces and improving air quality. We also introduced atsource recycling, collecting 624,000 kilograms of recyclables in the same year, proving that with the right tools and knowledge, people are eager to do their part.

Empowering others to drive sustainability has been a priority. Through Pusat Wanita Berdaya, women have transformed recycled newspapers into functional bags and crafted tanglungs from used angpaos, blending creativity with waste reduction. Our youth arm, Penggerak Belia Selangor, spearheads tree-planting programmes that engage young people in caring for the environment and fostering a sense of ownership over our shared future. To join PEBS, please contact +6012-732 9001.

Our ongoing partnership with What A Waste, an organisation that reduces food waste and redistributes surplus food to the needy, shows how environmental and social goals can align. At large events with buffet spreads, I personally invite their team to step in. They collect untouched food, ensure it is safely repackaged, and deliver it to shelters and underprivileged communities. This keeps tonnes of edible food out of landfills while ensuring it reaches those who need it most.

These initiatives are not endpoints but stepping stones. They highlight what is possible when communities, young innovators, and leaders work together with a shared vision. Sustainability is not achieved through policy alone; it thrives when people take ownership.

I am heartened to see Sunway University advancing sustainability through initiatives such as the Rock the Goals celebration, bringing communities together in support of the Sustainable Development Goals (SDGs).

To all Sunwayians: your ideas, energy, and passion are crucial. The SDGs are not distant targets; they are calls to action that start right where you are. Together, we can create a future where progress comes in harmony with our planet.

SUNWAYIAN 22

DID YOU KNOW? DID YOU KNOW?

3 GOOD HEALTH AND WELL-BEIN



A Global Commitment Begins

The SDGs were launched as the successor to the Millennium Development Goals, which had guided international development efforts from 2000 to 2015. While the previous goals focused mainly on developing countries, the SDGs expanded the vision to include all nations, recognising that sustainability challenges affect everyone.

With 17 goals and 169 specific targets, the 2030 Agenda offered a blueprint for global progress that balances economic growth, social inclusion, and environmental protection.



13 CLIMATE ACTION

CC











Ten Years of the SDGs

In 2015, world leaders gathered at the United Nations (UN) Headquarters in New York to make a historic decision. They unanimously adopted the 2030 Agenda for Sustainable Development, a global framework designed to create a better, fairer, and more sustainable future for our people and planet. At the heart of this agenda are the 17 Sustainable Development Goals (SDGs).



2016

2019











began aligning their national plans and policies with the SDGs. Awareness of the SDGs grew in other sectors. Businesses began to report on sustainability metrics. Schools and universities integrated the goals into their curriculum. Youth movements emerged across the globe, pushing for action on issues like climate justice, equal rights, and environmental protection.

In 2019, the first SDG Summit was held to take stock of global progress. It revealed that while there had been positive developments in some areas, progress was not happening quickly enough. As a result, world leaders launched the Decade of Action, calling for faster implementation and more inclusive partnerships.



Rebuilding with the Goals in Mind

As countries moved into recovery mode, the SDGs became a guiding framework for shaping post pandemic policies. UN and its partners also began focusing more on localisation, encouraging cities, towns, and communities to adapt the SDGs to their specific needs.

At the 2023 SDG Summit, the UN Secretary General issued a stark warning that the world was off track. While some progress had been made, especially in access to clean energy and digital services, many goals remained far from reach. He urged countries to move from pledges to practical action.



Global Disruptions from the Pandemic

Just as the world was building momentum, the COVID pandemic hit in early 2020. Progress on many of the SDGs were stalled or reversed, especially in areas such as poverty reduction, education, decent work, and health. But the pandemic also highlighted the importance of having strong systems in place to respond to alobal crises.

The crisis triggered a renewed global focus on solidarity, mental health, digital access, and community-based solutions. It also opened the door for rethinking development models in a more sustainable and inclusive way.





A Race Against Time

As we approach the final five years before the 2030 deadline, the pressure is mounting. Climate change, political conflicts, and funding gaps continue to pose serious obstacles.

2025 & beyond

Across the globe, young people, educators, scientists, activists, and community leaders are stepping up. From zero waste movements to mental health campaigns, from clean water projects to inclusive education programmes, there are thousands of examples of local action driving global progress. Education institutions also play an essential role in producing relevant research and equipping 🕼 students to become changemakers.





The SDGs are not just a checklist for governments. They are a roadmap for building a fair, peaceful, and sustainable world. With creativity, compassion, and collaboration, we still have time to turn the tide.

As we mark the 10th anniversary of the UN SDGs, let us take this moment to reflect on our progress, renew our commitment, and take meaningful action for the people and our planet 🌎





Honouring Heritage through Sustainable Cuisine

As a proud fourth-generation Malaysian Hakka Chinese, Chef Soon presents his signature dish, Lui Cha (Hakka Pounded Tea Rice), as a tribute to his roots and a model of sustainable eating. Lui Cha is a traditional Hakka dish that beautifully blends heritage with sustainability. At its heart is a vibrant green tea broth made by grinding tea leaves with herbs, seeds, and nuts. The broth is then poured over rice and topped with a medley of finely chopped vegetables, tofu, and legumes.

More than just a meal, Lui Cha is a celebration of plant-based eating and zero-waste cooking. Its ingredients are simple, affordable, and often grown in home gardens, making it a model of sustainable food practices.



200g mint leaves
100g tea leaves
(green/oolong tea)
250g sweet potato leaves
200g Thai basil
200g coriander

Heat up a saucepan over low heat. Add in tea leaves, basil leaves, coriander, sawtooth coriander, mug wort leaves and lightly toast until fragrant.
Remove from heat and transfer into a bowl.

150g

sawtooth coriander

cashew nuts, toasted

white sesame seeds,

mug wort leaves

peanuts, toasted and skin removed

toasted

250ml water

Grind the toasted herbs, nuts and seeds into paste. Bring water to boil over high heat. Slowly pour boiling water into herb paste, combine well until desired consistency. Allow to rest for 10-15 minutes for the pounded herb-tea paste to infuse its flavours into the hot liquid. Season to taste.



To assemble:

20g salted radish, chopped

30g sweet leaves (breynia androgyna)

30g purple cabbage, finely sliced (*chiffonade*)

30g black eye beans, soaked and

boiled until soft 20g four angle beans, sliced

20g long beans, sliced, stir fry with garlic and set aside

20g choy sum, sliced, stir fry with garlic and set aside

20g Chinese celery, sliced

20g firm bean curd, cubes, shallow fry until golden brown and set aside

15g peanuts, roasted

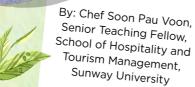
150g cooked rice (white/brown)

To serve:

Place a bowl of cooked rice in the centre of serving bowl.

Arrange the condiments surrounding the rice.

Pour the warm herb-tea broth over the rice. Mix all condiments and enjoy.



((ROCK THE BINGO)



linked to

an SDG

social media

Put your knowledge and actions to the test with this Sustainable Development Goals (SDGs) Bingo and see how many squares you can check off.

It is never too late to start making a difference. Every bingo brings us one step closer to achieving the SDGs



Take the public transport	Participate in SDG events at Sunway	Using refillable products	Contribute to a donation drive	Share about the SDGs with a friend
Bring your own reusable cutlery/ container	Doing a one-hour lights-off for Earth Hour	Taking the stairs instead of the lift	Turn off taps and switches when not in use	Reduce printing receipts or opt for digital copies
Support a local business	Watch an SDG-related documentary	Going to attend the ROCK THE GOALS concert	Sort out the recyclable trash	Buy a second-hand item
Eat or cook a plant-based meal	Able to name more than 8 SDGs	Upcycle or reuse an item instead of discarding it	Carry an eco-bag for groceries	Learn about a culture or community different from your own
Volunteer for a cause	Share about the SDGs on	Speak up about an inequality	Visit a park, forest, mangrove, or protected area	Taking a "digital detox"

inequality

issue

or protected area

near you

SUNWAYIAN 26

to relax



8 HAUNTED HOUSES | 1 HAUNTED THEATER | 3 SCARE ZONES 11 THRILL RIDES | 2 STAGE SHOWS

EVERY FRI - SUN FROM SEPT 26 - NOV 2, 2025 | 7:30PM - 11:30PM

STRICTLY FOR 13 YEARS AND ABOVE

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